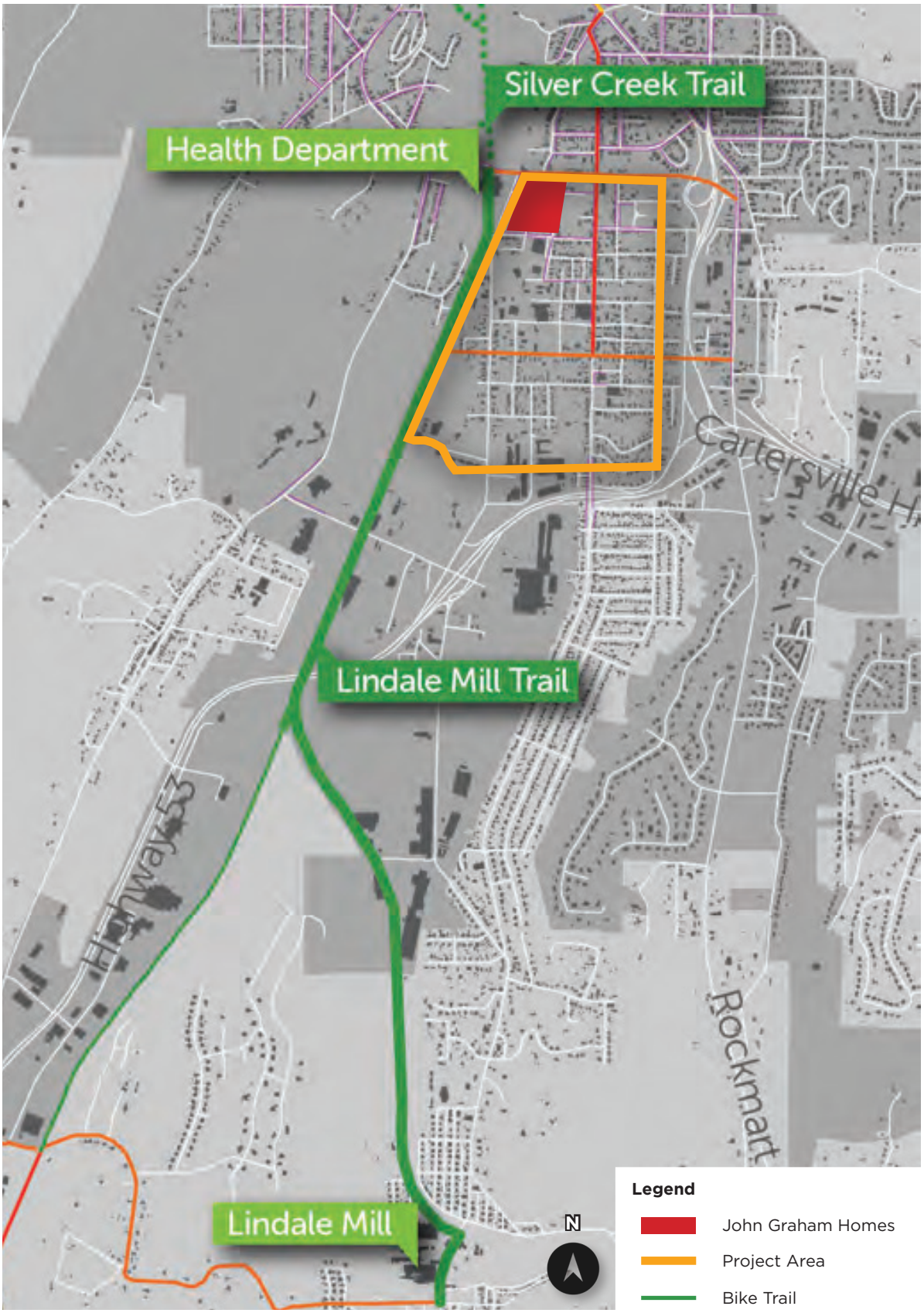Lindmale Mill Trail